



Beacon Coaching and Training Prepares You To Advance From Dependent to Interdependent

INDEPENDENT

DEPENDENT

Identify How Your Brain Functions

Understand yourself better.
Increases independence - dependent on your inner self to create your reality; you are not defined by others.

Manage Your Brain

Develop Emotional Intelligence.
Learn Art of Reframing
Own Your Power - Your Inner Voice.
Increases sharing yourself with others revolutionary.

Practice Consciousness

Heal false beliefs.
Eliminate fear based motivations replace with love.
Increases healthy conscious beliefs that better serve both you and the world.

Be Your Authentic Self

Operate from your unconditional true self – powerful, lovable, unique, and worthy.
No longer giving your power away.
Speak your truths.
Identify and manage your vulnerabilities (shadow self).
Increases potential to make special contributions to the world.

Live as a Spiritual Human Being

Realize you are changing the world with your consciousness and actions all the time.
Realize you are co-creating with God your reality and life.
Increases resources for future growth and evolution.

INTERDEPENDENT

Function at a Higher Level

The sum of the whole is greater than the separate self.
Know yourself and share fully to be understood.
Develop mutual agreements that benefit both parties.
No one can take away your PWLU*.

INDEPENDENT

Respects Each Other's Reality

Diverse viewpoints leads to more accurate and effective solutions.
Everyone is "right" from their point of view.
Create opportunities for each other to be like a flower opening to the world.
Create a safe space.

Honor Each Other's PWLU*

*PWLU – powerful, worthy, lovable, and unique – everyone's 4 selves are honored.
Free from others imposing their judgments, expectations, & values onto you.
Each person can be his/her authentic self.

Unconditional Love

Hear, love, and understand the other person for their reality that they created through the trials and tribulations of their life.